

Quickie Fruit Salad

- 1 pint strawberries, sliced
- 1 lb. red, seedless grapes, quartered
- 3 bananas, peeled and sliced
- 1 8oz. container of strawberry yogurt (we use
- 2 4oz. containers of Activia yogurt)



Slice your fruit and place it into a bowl. Add the yogurt, and stir until the fruit is well coated with the yogurt. Serve immediately.

*This recipe is so versatile that you could use other fruits as well.